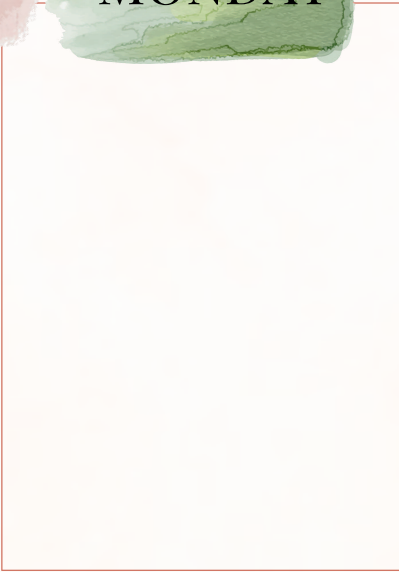
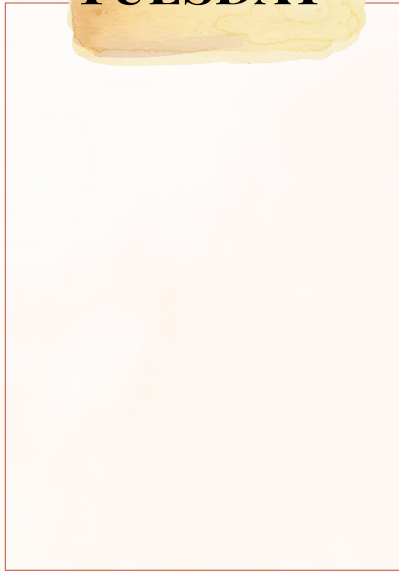


# Meal Plan


MONDAY




TUESDAY



WEDNESDAY



THURSDAY



FRIDAY



SATURDAY



SUNDAY



NOTES

