



Mummy CONQUERING ANXIETY

PARENTING & MENTAL HEALTH BLOG

About me

I am mummy to one feisty toddler and wife to a wonderful man, living in the North of England, UK, and making it a priority to enjoy life, every second we get to spend together as a family. You will usually find me writing, anything from lists to blog posts.

The blog

Following a mental breakdown, I believe talking about our struggles is the key to recovery. I started this blog because I felt compelled to share my story and help other people.

I published my first blog post on 12 August 2021. I currently have 241 posts published on my website, covering various topics. Including mental health, parenting, and lifestyle. With 2900 blog comments & 18,356 all-time pageviews.

BEST PERFORMING SOCIAL MEDIA PLATFORM

(last 30 days)

- 34K+ video views
- 298 profile views
1709 likes
62 comments



TikTok

2205
followers

FOLLOWERS & SUBSCRIBERS



684 followers
731 monthly
views



3.435k



3320k



110 blog
subscribers (blog
& Wordpress.com)



26 email
subscribers



360 followers



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Whats coming up on the blog?

I have some exciting collaborations planned, including some staycation reviews for 2024. I can't wait to bring you some new & exciting content.

Headlines...

We've recently launched our own T-shirt website - check it out -
www.roaringpumpkintees.teemill.com

BLOG STATS

Gender ♀ Female 66% > ♂ Male 34%

Unique Visitors - 520

Monthly Pageviews - 1095

Demographic - UK > US

Age - 25-34 (63%) > 18-24 (37%)

18,356 ALL
TIME PAGE
VIEWS

DA - 15

WHAT CAN I DO FOR YOU?

I genuinely enjoy creating content and working with brands. I've discovered some of the best products and deals from reading other people's blog posts, and I've received great feedback on collaborations I've participated in.

I am open to working with brands matching the content on my website.

Please get in touch.

mummyconqueringanxiety@gmail.com



SERVICES - CONTACT ME FOR RATES

PICTURE POST

An image for social media or promoting your brand

SPONSORED VIDEO

Instagram or Tiktok video (custom link included)

BLOG POST

A 500+ word blog post promoting your product or service

HOSTING A SPONSORED GUEST POST

Other options



Share with email subscribers



Additional social media shares & custom links



Extra long review



Long-term collaboration - blog series or ongoing promotion



Do-follow links in existing content



Inclusion in a gift guide

Contact Details

Twitter: [@mummyconquerin1](https://twitter.com/mummyconquerin1)

Instagram: [@mummyconqueringanxiety](https://www.instagram.com/mummyconqueringanxiety)

Long-term collaboration - blog series or ongoing promotion - contact me with your proposal

BLOG: mummyconqueringanxiety.com

EMAIL: mummyconqueringanxiety@gmail.com